

Allington Castle Archers

Nocking Point

May 2010



Dates for your diary -

MKL away, Sunday 9th May, Highstead Valley Away -

Kent Longbow Sunday 16th May

STOP PRESS! DATE CHANGE FOR

ACA Longbow Championship Sunday 23rd May, 2:00 sighters

Chairman's Cup Sunday 30th May

Captains Corner

So, spring has sprung, finally. We had the first of the mid Kent league matches at home where we managed to win, despite what I announced at the end of the day, both the handicap and pure score and we are at the top of the table in both. Cecile smashed her handicap, Deryck and Chris made both teams and Wayne, Chris and Cecile are the top scorers for the rounds shot with their respective bows. The day itself was quite warm with a light breeze, which turned to a stiffer, colder breeze, towards the end of the day. The results will be posted in the hut by the time you get this newsletter and are already on the website.

The team for the away match against Highstead Valley is shown below. If anybody doesn't want to or can't shoot, please let me know as soon as possible as there are other archers who would like to shoot in the away matches. I have to inform the away captain who is shooting on the day by the 3rd of May, so please let me know before then

	Christopher
Colin Bowen	Punton
David Corke	Sandra Punton
Alf Kershaw	Phil Wise
Deryck Leach	Andy Wright
Cecile Midrouillet	Sam Barber
Wayne Powell	Lawrence Punton

And the St George was shot last weekend. The weather started out a bit wet, but that went away and it ended up being a nice shooting day. 13 archers completed the shoot; yours

truly pulled out half way through. Roger managed to win the day and in the process managed to muller his handicap. Results are posted below and will be on the website by the time you get this newsletter

Archer	Hits	Gold	Pure Score	H/C Score
1 Deryck Leach	107	59	853	1450
2 David Corke	107	56	855	1403
1 Alf Kershaw	44	2	194	1461
2 Geoff Barker	56	7	268	1335
3 Phil Wise	47	4	205	1313
4 Bill Lyons	86	8	388	1287
1 Roger Oehl	105	18	641	1571
2 Sam Barber	93	10	447	1532
3 Wayne Powell	106	40	770	1446
4 Sandra Punton	104	18	622	1400
5 Chris Punton	101	14	533	1344
6 Kevyn Brooks	93	7	449	1320
Neil Richardson	90	7	410	1363

That's about it. We have a couple of new archers join us from the beginner's course. Please do wonder over and introduce yourselves and make them feel welcome.

See you on the field

Charles

Vice Captain

The 2010 **Junior Challenge Trophy** has commenced, our first round was shot on Sunday April 24th. Congratulations go to the following individuals. The pure score gold medal winner was Luke Kenndal with a pure score of 285 shooting a Junior National round, the handicap gold medal winner was Liam Richardson with a handicap adjusted score of 1440.

Two **Archery GB Progress** awards were also won, Max Peake achieved his Blue award and Luke Kenndal achieved his Black award. My congratulation to both archers on their achievements.

Regards

Clive

Secretary's Sidelines

Thanks to everyone who paid membership fees. Membership to date is 40 seniors and 8 juniors, plus 2 associates and: the--- FIVE new members. They are Sally, Graham, Robert, John and Dave.

SIR THOMAS WYATT TOURNAMENT

26TH AND 27TH June

HELP !!!! All experienced archers who have entered will have to help in setting up the field and clearing away, or you'll have nothing to shoot at!

All other members who are not shooting, including **new members**, are expected to help at some time during the two days if at all possible, as follows:-

1. Set up the field each day between 7.30 and 9.30am.
2. Act as scorers from 10.30 to 1.00pm, and/or 2.30 to 5.00pm.
3. Clear the field 5.00 to 6.30pm each day.

New archers will find it a useful learning experience. All the tournaments are a very substantial source of income for the Club.

Thanking you in advance.

Coaching thoughts – Last month we set up the bow for centre shot. This should not be altered except for minor sight adjustments for side wind. Now choose a calm day for adjusting your button.

1. Shoot three arrows. If they hit along a vertical line through the centre of the target, your button is correctly set.
2. If the arrows go left, arrows are too stiff or the button pressure is too stiff. Reduce button pressure two whole turns. Arrows should go left.
3. Increase pressure half a turn at a time until arrows hit along centre line.
4. If first three arrows hit to the right then increase pressure two whole turns and they should go left. Then decrease half a turn at a time.
5. The reason for moving two whole turns is so you can see the effect.
6. If the whole thing does not seem to work then your arrows need changing or your technique is at fault, and you need to see a coach. Remember also that the effect does depend on how good an archer you are!!

Next month – nocking points.

Colin

Twig & Stick

MB attempt

Well on the 5th April I decided to do a practice York shoot as I would take on a tournament. The weather was not as good as it said on the forecast. It was cold, cloudy and windy. Despite this I shot a 363 York. MB is 362, just a bit tighter than I wanted, but I did the score. I also lost an arrow, broken in two by clanking off the stand.

This has made me realise how important my arrows are to this MB attempt.

I cannot accept any more losses like this; I have to conserve the set I have to get those MB scores.

A recurve/compound archer will not appreciate the work that goes into making a set of arrows, if they break one they only lose one arrow, if a longbow arrow is broken a whole set may be lost. What I mean by this is that a modern arrow can be replaced off the shelf, same length, spine and is automatically the same weight. Not so with a longbow arrow. It has to be made from another piece of wood to the same spec as the remainder of the set. This is very hard, as a newly made set is made to the average weight & spine of the shafts bought.

So a modern arrow may cost £20 but a set of longbow arrow costs approx. 20 hrs work to complete.

With this in mind next time you see me shooting do not be surprised to see a second boss in front of the stand I am shooting on.

At the **MKL** match I shot a St. George. The MB score for the round is 329. What did I score? Would you believe it - 333, again a bit tight. The weather was not very kind as the wind was a gusting tail wind. Hope to do better next time. Great news about the league - first in Handicap and Pure score.

Just looked up the **Kent website** only to see a invitation Field shoot at Woodstock's ground on the **18th April**, not much good to anyone as

it only went up there on the **11th April**. A bit more than 7 days notice is required, if archers are to join in on the Field shooting.

ACA Fun Field Shoot, on the 17th April in place of the Darentford longbow challenge.

Well the weather was perfect. The entry was low, none the less we had a good afternoon shoot. The fun in the fun field shoot was mainly mine to see archers in denial after missing at 5yds. It's harder than it looks!

10 targets with various types of field faces at most distances ranging from 50yds down to 5yds. Three arrows at each shot twice - a total of 60 arrows.

The result

1 st Geoff B l/b	209
2 nd Neil Richardson b/b	203
3 rd George Bright recurve	165
Alf Kershaw l/b	93
Phil Wise l/b	56
Kevyn Brooks l/b	49

Well, I have had 15 years experience in field archery. Everyone seemed to have a good afternoon and other non-shooting members said it looked like fun. Maybe they will participate in the next one in September?

Alf, Phil & I are going to a one day field shoot on the 16th May at Friars Gate East Sussex. Report in the next newsletter.

Alf & I are going to the I.L.A.A. two-way York shoot on the 22nd May, that will be an eye opener for Alf, his first 2-way shoot.

Geoff B

Allington Castle on Tour

On Sunday 18th April 2010 five archers from Allington castle attended the 11th annual pagoda shoot at the Royal Richmond Archery Club. The round was shot over Albion and Windsor rounds on two separate fields.

It was an early start leaving Maidstone at 0725 after a quick breakfast stop at Clackett Lane services we continued on to Richmond. On arrival at Richmond we booked in and had to quickly set up our kit (due to two trips round the one way system in Kingston) as assembly was called. Shooting could have started a bit better (for me at least) I missed 6 arrows in the first three ends but after I seemed to find my eye and my scores quickly picked up. With the sun beating down and the shade quickly disappearing the day got hotter and hotter.

As lunch started we all dashed for the shade of the pavilion mum and Cecile came over and joined us from the Windsor field and as usual we sat and talked about the mornings shooting. Cecile as usual out shooting her handicap, mum shooting well despite changing her arrows and string, Dad start well but trailed off towards the end of 80yds but still on target for a p.b, Phil shooting as well as can be expected or a longbow.

After lunch (and a pint) shooting recommenced and my score seemed to improve however the sun continued to beat down on us. 60yds was a marked improvement for every one of us on the Albion and so was 50yds for those on the Windsor field. It took some serious determination to finish the round in the heat and direct sunlight of the day but we all endured and before we knew it we had finished.

We packed our kit away and waited for the results to be calculated. After the raffle we listened to the results. For the ladies Recurve Cecile walked away with second (and another score towards 1st class) and mum with third, me, dad and Phil did not make it into the medals but both me and dad shot a personal

best and I managed to get another score towards 2nd class.

All in all it was a successful day and good fun we departed for home in high spirits (but a little tired) and all sporting some unusual tan lines. We have agreed that we should attend the shoot again next year hopefully with a larger contingent of club members.

Chris Punton