

Allington Castle Archers

Newsletter Feb 08

The Dates for Your Diary

Worcester/Portsmouth
open

At

Lockmeadow Hall

ALL HANDS NEEDED FOR
SETUP

Sunday 17th Feb
7:30/8:00am.

CLUB MEMBERSHIP

IS

DUE BEFORE THE

1st April

NO PAY NO PLAY

Captains Corner

Me again. Well what great weather for shooting we had in January. Most Saturday & Sunday mornings saw many members out shooting.

You should all by now have received the list of internal **Tournaments for the 2008** outdoor. If you have any comments please let me know, for or against the changes.

I have received a couple already, about the longbow Championships. As you can see the club has upped the anti on this shoot, it will be shoot over a LONG WESTERN, 80yds & 60 yds this coming season. Well as captain I do encourage the senior gents to shoot their longer distances, so I thought this is one way to do that. You all have 6 months to practice the 80 yds, so it's up to you.

James Bishop, has returned, after not one, but two injuries, first his elbow on the right, then his thumb on the left. Great to see you back. You have 6 months to get back in form for the Club Longbow Championships, James

Just a couple of things to mention on the administration of the club.

Phil Kessel has taken on the distribution of newsletters & the ordering of **Club items of clothing**, jumpers, Tee-shirts, badges & the like. So if you want club clothes for shooting see Phil.

Elaine Smith has taken on the External Tournaments,

I.E. all the notifications of open tournaments in the south east that come to the club will be held by her. So if you get to hear of a tournament let her know. If you want details of a shoot, or to enter any external open tournament see Elaine for details.

The indoor is going well. That elusive 500+ has been beaten by most of the clubs recurve archers, well done. Two personal bests on Thursday 31st Jan, Elaine Smith & Brian Osler, well done.

Numbers have dropped over the last few weeks, not a trend we want to see continued.

Longbow setup/coaching half day.

Sunday 24th Febuary 1:30 for 2:00 pm.

Covering the following:-

1. Bracing Height setting.
2. Nocking point checking & setting.
3. Draw hand positioning
4. Follow through.
5. String alignment.
6. Body Aiming & Stance.
7. Arrow following & stopping it.

If you are interested come along & bring ALL your Bows & Arrows.

The Darentford Challenge Longbows only, is confirmed **29th March, Saturday 1:30 for 2:00 at home on our field.**

Geoff B