

Allington Castle Archers

NEWSLETTER

Dates for your diary

Saturday, 3rd February 2007
10.00 am

All day talk on archery equipment, set-up and technique.
for
Recurve / Compound / Longbow

Topics covered:- Bracing height, Nocking point, Stance, Draw up, Loose.
By

Geoff Allen
&
others

Set-up for Worcester / Portsmouth,
Saturday 17th. Time pm to be confirmed.

ALL HANDS NEEDED

Worcester / Portsmouth
Sunday, 18th February. 9.30am sighters

Captains Corner

The mid winter period in the archery calendar is quiet, apart from the Worcester / Portsmouth in February.

The indoor is not as well supported as we would like, but some good scores are being put in.

Two to mention:-

Paul Meekins broke 570 Portsmouth with 573-60-30

Paul Bradley broke 400 with 401-58-6

Both personal bests. Well done!!

Don't miss the talk by **Geoff Allen** in the playground classroom. There is a mass of information you need, if you want to improve your scores. An opportunity to check out your bracing height and nocking point, plus much more.

Change of format for the indoor. The chance to play, tune and experiment in the warmth of the T.A.Hall.

The week after the monthly BA Portsmouths, ie 15th Feb and 20th March, will be set up for tuning and playing.

A Portsmouth will not be shot.

If this works maybe we will start next year's indoor with this format.

1st Thursday of the month - Portsmouth Practice

2nd Thursday of the month - **B.A. Portsmouth**

3rd Thursday of the month - Tuning /trying out

4th Thursday of the month - Portsmouth Practice

comments please to Geoff B.