

Allington Castle Archers

# NEWSLETTER

Dates for your diary

**Saturday, 3<sup>rd</sup> February 2007**  
**10.00 am**

**All day talk on archery equipment, set-up and technique.**  
**for**  
**Recurve / Compound / Longbow**

**Topics covered:-** Bracing height, Nocking point, Stance, Draw up, Loose.  
By

**Geoff Allen**  
**&**  
**others**

**Set-up for Worcester / Portsmouth,**  
**Saturday 17<sup>th</sup>. Time pm to be confirmed.**

**ALL HANDS NEEDED**

**Worcester / Portsmouth**  
**Sunday, 18<sup>th</sup> February. 9.30am sighters**

## **Captains Corner**

The mid winter period in the archery calendar is quiet, apart from the Worcester / Portsmouth in February.

The indoor is not as well supported as we would like, but some good scores are being put in.

Two to mention:-

**Paul Meekins** broke 570 Portsmouth with 573-60-30

**Paul Bradley** broke 400 with 401-58-6

Both personal bests. Well done!!

Don't miss the talk by **Geoff Allen** in the playground classroom. There is a mass of information you need, if you want to improve your scores. An opportunity to check out your bracing height and nocking point, plus much more.

**Change of format** for the indoor. The chance to play, tune and experiment in the warmth of the T.A.Hall.

The week after the monthly BA Portsmouths, ie 15<sup>th</sup> Feb and 20<sup>th</sup> March, will be set up for tuning and playing.

A Portsmouth will not be shot.

If this works maybe we will start next year's indoor with this format.

1<sup>st</sup> Thursday of the month - Portsmouth Practice

2<sup>nd</sup> Thursday of the month - **B.A. Portsmouth**

3<sup>rd</sup> Thursday of the month - Tuning /trying out

4<sup>th</sup> Thursday of the month - Portsmouth Practice

**comments please to Geoff B.**